

# Very Special Kids

## Rights of the Child

**We are important and special. These are our rights as children at Very Special Kids**



- Give us the very best care and comfort we need.
- Listen to us when we tell you what we are thinking or feeling, when we are worried or upset or when we ask to talk to you. We may not be able to use words so take notice of what we do and how we look.
- Let us and our families be who we want to be, whatever our customs or beliefs, so that we feel safe all the time.
- Tell us what we need to know in a way we can understand.
- Let us have a say in things that are happening to us, now and in the future.
- No one has the right to harm us, not doctors, nurses, carers, visitors or volunteers. Not even family members. Always protect us from anyone who might harm us or treat us badly.
- Our bodies belong to us. Ask us if you want us to meet new adults or want to share information about us. We have the right to say no.
- Give us space and privacy but also offer us the chance to be with others.
- If we can't decide things for ourselves, make sure that everyone is working together to do what is best for us.
- Let us choose who is important to us, who cares for us and who helps us.