Bereaved Parent Weekend



You are invited to attend the Very Special Kids Bereaved Parent Weekend.

The weekend is an opportunity to spend time remembering your child, sharing memories, joy and sadness with other parents supported by Very Special Kids in a safe and welcoming environment. We hope that it will also give you an opportunity to reflect on your grief experience so far.

Therapeutic activities will include massage, Turkish Hammam, mindful bushwalk, yoga and relaxing social activities.

Accommodation is in private rooms with ensuite facilities. There is no cost to attend the weekend, with the exception of the Friday night meal. The weekend is available to parents only, and it is important the program is attended in its entirety.

Details

Date Friday 14 to Sunday 16 May

Venue Continental House

9 Lone Pine Avenue

Hepburn Springs VIC 3461

Parents are required to commence the program at dinner at The Royal Daylesford Hotel on Friday evening at 6.30pm and travel in convoy to the retreat.

Expression of interest by Thursday 15 April is essential. To register your interest, please click **here**.



For further information please contact Pauline Hammond (0457 727 505 or ballarat@vsk.org.au) or Jenni Coldwell (0408 583 378 or shepparton@vsk.org.au)